

Paula Deen's Pecan Chicken Salad

By mailbelle on June 20, 2009



Prep Time: 15 mins **Total Time:** 15 mins **Servings:** 4-6

ABOUT THIS RECIPE

"Tasty and easy to make! Especially yummy on buttery croissants!"



Photo by mailbelle

INGREDIENTS

- 1/2 cup mayonnaise
- 1/4 cup sour cream
- 3 cups chopped cooked chicken
- 1 cup seedless grapes, haved
- 3/4 cup toasted chopped pecans
- salt and pepper

DIRECTIONS

1. In a medium bowl, combine mayonnaise and sour cream.
2. Stir in chicken, grapes, and pecans.
3. Add salt and pepper to taste.

NUTRITION FACTS		Amount Per Serving	% Daily Value
Serving Size: 1 (118 g)		Total Fat 34.5g	53%
Servings Per Recipe: 4		Saturated Fat 6.5g	32%
Amount Per Serving	% Daily Value	Cholesterol 92.7mg	30%
Calories 489.5	†	Sugars 8.9 g	
Calories from Fat 311	64%	Sodium 296.0mg	12%
		Total Carbohydrate 17.7g	5%
		Dietary Fiber 2.3g	9%
		Sugars 8.9 g	35%
		Protein 29.1g	58%