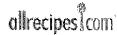
Mediterranean Chicken





Rated: **

Submitted By: Robyn Webb

Photo By: Fiona

Servings: 6

"The lightness of w hite w ine contrasts w ith plenty of garlic, onion and herbed tomatoes in this simmered chicken dish highlighted w ith the piquancy of Kalamata olives."

INGREDIENTS:

2 teaspoons olive oil

2 tablespoons white wine

6 skinless, boneless chicken breast halves

3 cloves garlic, minced

1/2 cup diced onion

3 cups tomatoes, chopped

1/2 cup w hite w ine

2 teaspoons chopped fresh thyme

1 tablespoon chopped fresh basil

1/2 cup kalamata olives

1/4 cup chopped fresh parsley

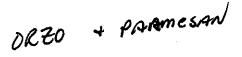
salt and pepper to taste

DIRECTIONS:

- 1. Heat the oil and 2 tablespoons white wine in a large skillet over medium heat. Add chicken and saute about 4 to 6 minutes each side, until golden. Remove chicken from skillet and set aside.
- 2. Saute garlic in pan drippings for 30 seconds, then add onion and saute for 3 minutes. Add tomatoes and bring to a boil. Low er heat, add 1/2 cup w hite w ine and simmer for 10 minutes. Add thyme and basil and simmer for 5 more minutes.
- 3. Return chicken to skillet and cover. Cook over low heat until the chicken is cooked through and no longer pink inside. Add olives and parsley to the skillet and cook for 1 minute. Season with salt and pepper to taste and serve.

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